



E-Bulletin from National Association for Patient Participation Issue Number 121 September 2017

1. Latest N.A.P.P. News

a. N.A.P.P.'s group of 100

We have now launched our Group of 100 - a group of up to 100 PPG representatives who are committed to give a quick response (usually between 5 and 10 days) to targeted questions, usually electronically. We are still seeking members, so if you are interested, please see the information [here](#) on the N.A.P.P. website and send your completed Membership Agreement form to paul.devlin@napp.org.uk

b. Important: Website and Member Password changes.

In order to protect the security and privacy of our members' pages, we have had to make changes to our website, using HTTPS, with SSL certification. The new website can be found at <https://napp.org.uk>. Due to this, we have also had to issue new passwords for member logins. An email will have been sent to the nominated email address given to us for the login. If you think you have not received this, please check your spam folder, and email our webmaster@napp.org.uk or admin@napp.org.uk stating your PPG name. We will do our best to help.

For those PPGs which have never requested a member login, this is a timely reminder that your PPG is not taking advantage of key resources which are part of N.A.P.P.'s membership package.

c. PPGs' experience of local Healthwatch Groups

The report on the survey of members' views of local Healthwatch groups we did earlier in the year is now available on the N.A.P.P. website: <http://www.napp.org.uk/news8.html>.

A short summary version is in the public section, whilst the longer full report is for members only. We are now working with Healthwatch England to produce some "Top Tips" guidance on getting good relationships between PPGs and Healthwatch groups

1. Diary dates

- **13th October: Call to action reminder: NHS England consultation items which should not be routinely prescribed in primary care**

In an email sent on 13th/14th September, we alerted our membership to this consultation which closes on 21st October. To help us formulate a collective response from N.A.P.P. as a patient representative organisation, **please complete [this short survey](#) on behalf of your PPG by Friday 13th October**. We will, of course, share our response with you when complete. The consultation document itself can be found [here](#). Responses can be made – **by individuals and by PPGs** – online [here](#)..

- **13th -19th November: Self Care Week:** Resources, including logos, are available here in communications document with key messages, ideas and tips.

2. Stay Well This Winter campaign

The Stay Well This Winter campaign which gets underway this year on 9 October will encourage at-risk groups to get their free flu vaccination and to take simple steps to stay well this winter. This includes speaking to their pharmacist at the first signs of feeling unwell, heating their home to at least 18°C and keeping active indoors on cold days. [More here](#)

3. Health matters: Making cervical screening more accessible

Attendance for cervical screening has been falling year on year. This professional [resource](#) aims to address this decline.

4. Public Health England Campaign for more physical activity

A survey found that four in ten adults between the ages of 40 and 60 admit to taking less than 10 minutes of exercise a month, walking continuously at a brisk pace. Despite increased awareness of the health benefits of exercise and a growing fitness culture, people in the UK are 20% less active now than they were in the 1960s, PHE claims. PHE has also published a [“framework”](#) to promote awareness of the importance of physical activity. It is calling for action from providers and commissioners in health, social care, transportation, planning, education, sport and leisure, culture, the voluntary and community sector, as well as public and private employers including. Download a useful Booklet ['Everybody Active Every Day'](#)

5. Local councils should help people with disabilities to be active

NICE (The National Institute for Health and Care Excellence) is urging local councils to make it as easy as possible for people with limited mobility to be more active in their area. The [guidance](#) promotes improvements to the built environment and better access to the countryside. The guideline advises authorities to encourage people to visit their parks and local open spaces.

6. 2016-17 GP contract: Patient Participation clause

NHS England has published the updates of the 2016/17 General Medical Services (GMS) and Personal Medical Services (PMS) contracts. Since April 2016, when it became a contractual requirement for every GP practice in England to have a PPG, many PPGs have contacted N.A.P.P. seeking guidance on the relevant terms of the contract. The information is in **pages 27 and 28** of [the GMS Contract](#)

7. The north-south NHS divide in medical technology

The Medical Technology Group has published the findings of a review of data from 209 CCGs to assess patient access to medical technology. It finds wide variation in access between the north and south of England and argues that CCG performance against access indicators should be made clearer to patients. The Medical Technology Group is a not for profit organisation representing patient groups, research charities and medical device manufacturers. Examples of variation include speed of treatment of stroke patients and rates of referral for numerous other conditions [More....](#)

8. Improved support for personal health budgets

NHS England says it has improved support for personal health budgets (which promotes supporting disabled people and people with complex health needs). It includes training courses for professionals who are new to the subject, introductory webinars and workshops for teams who want to expand local support for the programme. It includes training courses for professionals who are new to the subject, introductory webinars and workshops for teams who want to expand local support for the programme. For further [information](#) email england.personalhealthbudgets@nhs.net.

9. N.A.P.P. website: Don't miss out this useful benefit of belonging to N.A.P.P.!

Our website Member pages contain **key resources available only to affiliated PPGs and CCGs**. For login details, **visit the website, click on Members and use screen instructions**. We recommend each PPG to establish a generic group email address as the username for the login.

10. Reminders: Please email this bulletin to fellow members promptly. We do not send hard copies of e-bulletins. All previous bulletins can be found at <http://www.napp.org.uk/ebulletins.html>

Edith Todd,

Trustee,

September 2017